



**TREK FOR TEENS**  
FOUNDATION

# IMPACT REPORT



**2023–2024**

# FOREWARD

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It is with great enthusiasm that I present this year's Impact Report detailing our work to help increase awareness, support, and access to services for at-risk and homeless youth in our local communities. Over the past year, I have been continually amazed by the exciting initiatives and projects designed by our volunteers to support homeless youth in our communities; particularly given the disproportionate impact we have seen due to the rising cost of living. I'm also thrilled to outline some of our exciting plans as we expand the Foundation's reach and impact in the coming year.

Trek for Teens is dedicated to raising awareness and funds for homeless youth within our communities. We strive to provide opportunities for everyone to contribute meaningfully through their unique talents and skills. This inclusive strategy empowers young people to leverage their passions—be it fashion, music, sports, or any other interest—to support homeless youth in their areas.

This upcoming year, we are particularly excited about re-focusing and expanding our departments to enhance our impact and meet the growing demand for in-person engagement post-pandemic. We plan to launch a new flagship annual conference that will serve as a cornerstone bringing together our partner shelters, researchers, and motivated individuals. We plan to discuss rising challenges and innovative new ways that we can support at-risk and homeless youth. Additionally, we are establishing a new fundraising department and launching a refreshed website and social media presence to better connect with the communities we serve.

With up to 40,000 young individuals facing homelessness each year in Canada, now is the perfect time to learn more about the Trek for Teens Foundation and to join our efforts. Thank you for reviewing this report, and I look forward to working with you as we advance our mission together.

Sincerely,



**Michael Bazzocchi**  
Ph.D., P.Eng.  
*President*

# CONTENTS



<b>WELCOME</b>	<b>4</b>
<b>THE ISSUE</b>	<b>5</b>
<b>OUR BOARD</b>	<b>6</b>
<b>EXECUTIVE TEAM</b>	<b>7</b>
<b>OUR IMPACT</b>	<b>9</b>
<b>PARTNER CHARITIES</b>	<b>10</b>
<b>OUR FINANCIALS</b>	<b>12</b>
<b>NEXT STEPS</b>	<b>15</b>
<b>THANK YOU</b>	<b>16</b>

# WELCOME

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The Trek for Teens Foundation is a youth-led and volunteer-run charity that raises funds and awareness for youth experiencing homelessness. Since our inception in 2007, we have raised over \$325,000 in funds and in-kind donations which have been donated to youth shelters. We are a team of over 80 volunteers and operate in 7 regions across Ontario and Quebec.

We engage thousands of young people from across Canada through awareness and fundraising events held year-round.

## OUR VISION

Our vision is for at-risk and homeless youth across Canada to be healthy, happy, safe, and successful.

## OUR MISSION

Our mission is to increase awareness, support, and access to services for at-risk and homeless youth in our local communities. We empower everyone to use their passions, talents, and skills to enjoy making a difference.



# THE ISSUE

## YOUTH HOMELESSNESS

Youth homelessness is an epidemic in Canada. Each year, between 35,000 to 45,000 youth aged 13 to 24 experience homelessness in Canada, often coming from specific marginalized communities, such as Indigenous peoples and LGBTQIA+.



**20%**

of the Canadian homeless population are youth between the ages of 13 - 24



**69%**

have been victims of a crime, including 53.8% being physically and/or sexually abused

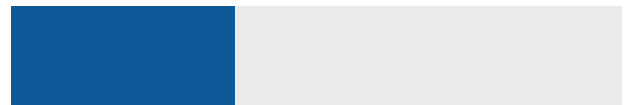


**65%**

of homeless youth come from families with substance abuse issues



**42%** have attempted suicide at least once



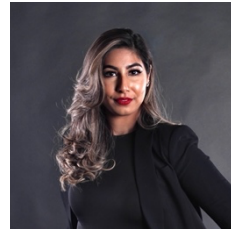
**35%** have had at least one serious overdose

# OUR BOARD

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**Michael Bazzocchi**  
Ph.D., P.Eng.  
*President*



**Natasha Chatur**  
B. A., PMP  
*Charity Filing Manager*



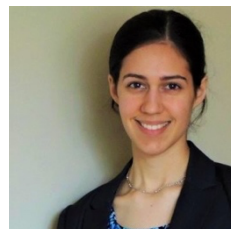
**Brian Page**  
MBA  
*Corporate Relations  
Advisor*



**James Costa**  
*Marketing Advisor*



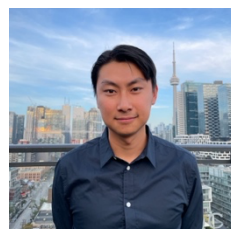
**Adrian Kuchtaruk**  
MSc  
*Departmental Advisor*



**Claire Veira**  
CPA  
*Treasurer*



**Mikail Malik**  
MSc  
*Board Member*



**Wen Bo**  
B.E.Sc  
*Board Member*



**Nicole Bazzocchi**  
MHSc., S-LP, Reg. CASLPO  
*Leadership and Outreach Advisor*

# EXECUTIVE TEAM

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## PRESIDENT



**Michael Bazzocchi**  
Ph.D., P.Eng.  
*President*

## VICE PRESIDENTS



**Mikail Malik**  
B. A., PMP  
*Vice President, Engagement*



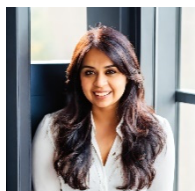
**Wen Bo**  
B.E.Sc  
*Vice President, Operations*



**Claire Veira**  
CPA  
*Vice President, Finance*

# EXECUTIVE TEAM

## DEPARTMENT AND REGIONAL DIRECTORS



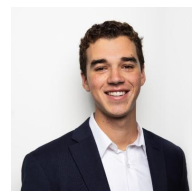
**Natasha Sahjwani**  
*Director of Brand & Marketing*



**Catherine Qi**  
*Director of Charity Engagement*



**Derek Cao**  
*Director of Corporate Relations*



**Jacob Deck**  
*Director of Fundraising*



**Jada Chang**  
*Director of Human Resources*



**Hannah Wan**  
*Director of Research*



**Jessica Jiao**  
*Director of Student Engagement*



**Nancy He**  
*Regional Director of Hamilton*



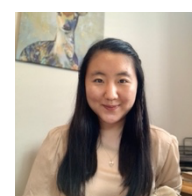
**Neha Erukulla**  
*Regional Director of Ottawa*



**Hannah Skrinar**  
*Regional Director of Sudbury*



**Joseph Merante**  
*Regional Director of Toronto*



**Veronica Xia**  
*Regional Director of Montreal*



**Madison Troke**  
*Regional Director of Kingston*



**Isabelle Deaconu**  
*Regional Director of London*

# OUR IMPACT | 2023-24



**\$24,107**

In total revenue from donations and fundraising events for the year ended June 30, 2024



**\$11,572**

Value of in-kind donations made to youth shelters for the year ended June 30, 2024



**81**

Members at Trek for Teens, including executives, volunteers, and high school student leaders



**18**

Events held across our regions and university clubs, both online and in-person



**9**

Partner charities across our regions in Ontario and Quebec



**1,500+**

Social media followers across Facebook, Instagram, and X to help raise awareness

# PARTNER CHARITIES

## COVENANT HOUSE TORONTO

Covenant House Toronto provides a wide range of services and support under one roof. The shelter educates and advocates for change to help at-risk, homeless, and trafficked youth.



## DANS LA RUE

Dans La Rue helps homeless and at-risk youth. The shelter cares for youth's "immediate needs and helps them acquire the skills and resources needed to lead more autonomous and rewarding lives".



## EN MARGE 12-17

En Marge 12-17 is open at all hours to youth currently on the streets. More than a roof and meal, the shelter offers an alternative to the streets for both French and English speakers.



## GOOD SHEPHERD YOUTH SERVICES

Good Shepherd Youth Services operates three shelters for youth, helping them cope with issues like poverty, family conflicts, and mental health. Along with emergency shelters and transitional housing, they also provide support programs involving education and counselling.



## HORIZONS FOR YOUTH

Horizons for Youth is a shelter for at-risk and homeless youth aged 16-24 in Toronto. Its mission is "to shelter, prepare, and guide homeless and at-risk youth to be contributing community members."



## KINGSTON YOUTH SHELTER

Kingston Youth Shelter offers a variety of services to homeless/precariously housed youth between the ages of 16-24. Its services “help youth stabilize, develop, and work towards their goals for independent living.”



## LE REFUGE DES JEUNES DE MONTRÉAL

Le Refuge des Jeunes supports troubled and homeless young men aged 17 to 25. The shelter also seeks to “support activities to defend and promote troubled and homeless youths’ rights”.



## YOUTH OPPORTUNITIES UNLIMITED

Youth Opportunities Unlimited provides a caring place for youth to build skills, confidence and independence. They help youth reach their potential through education, training, and employment.



## YOUTH WITHOUT SHELTER

Youth Without Shelter is an emergency residence and referral agency serving homeless youth. It is “dedicated to providing shelter and support programs for homeless youth ages 16-24”.



# OUR FINANCIALS

The Trek for Teens Foundation			
Statement of Financial Position			
As at June 30,			
In Canadian Dollars	2024	2023	2022
<b>Assets</b>			
<i>Current Assets</i>	\$	\$	\$
Cash and cash equivalents	34,080	18,102	19,488
Restricted cash	910	959	664
Accounts receivable	142	152	1,100
Prepaid expenses	324	324	169
Inventory	0	1,012	2,710
<b>Total assets</b>	35,456	20,549	24,131
<b>Liabilities</b>			
<i>Current Liabilities</i>			
Accounts payable	17	883	20
Unearned revenue	0	0	1,500
Committed donations to charities	1,300	5,750	7,800
<b>Total Liabilities</b>	1,317	6,633	9,320
<b>Net Assets</b>	34,139	13,916	14,811



The Trek for Teens Foundation			
Income Statement			
For the year ended June 30,			
In Canadian Dollars	2024	2023	2022
<b>Revenues and other income</b>	\$	\$	\$
Donations	21,872	6,773	15,769
Fundraising events	2,235	2,675	9,569
Sales	0	0	515
Total revenues	24,107	9,448	25,853
<b>Expenses</b>			
Absorption expense	1,276	1,698	1,199
Materials	914	1,252	245
Food for events	758	660	2,655
Marketing & communications	757	516	576
Prizes and gifts	0	141	2,570
Room and equipment rental	30	99	3,908
Tax expense	72	23	290
Cost of goods sold	0	0	423
Other	77	204	135
Total expenses	3,884	4,593	12,001
<b>Excess of revenues over expenses before donations to charities</b>	20,223	4,855	13,852
<b>Donations to charities</b>			
Covenant House	0	1,000	100
Horizons for Youth	0	1,000	100
Youth without Shelter	0	1,000	100
Kingston Youth Shelter	0	200	500
Youth Opportunities Unlimited	0	0	500
Good Shepherd	0	1,250	500
Wesley Youth Housing	0	0	500
SACY	0	1,300	5,500
Total donations to charities	0	5,750	7,800
<b>Excess (deficit) of revenues over expenses</b>	20,223	(895)	6,052

The Trek for Teens Foundation

**Statement of Cash Flows**

For the year ended June 30,

In Canadian Dollars	2024	2023	2022
<b>Cash flows from operating activities</b>	\$	\$	\$
Cash generated from operations	1,918	1,160	11,396
Cash donations received	21,587	5,816	8,814
Cash paid to suppliers	(3,077)	(562)	(7,592)
Net cash from operating activities	20,428	6,414	12,618
<b>Cash Flows used in financing activities</b>			
Cash donated to charities	(4,450)	(7,800)	(10,850)
Net cash used in financing activities	(4,450)	(7,800)	(10,850)
<b>Net increase in cash</b>	15,978	(1,386)	1,768
<b>Cash at beginning of period</b>	18,102	19,488	17,720
<b>Cash at end of period</b>	34,080	18,102	19,488

The Trek for Teens Foundation

**Statement of Changes in Net Assets**

For the year ended June 30,

In Canadian Dollars	2024	2023	2022
	\$	\$	\$
Balance, beginning of year	13,916	14,811	8,759
Excess (deficit) of revenues over expenses	20,223	(895)	6,052
Balance, end of year	34,139	13,916	14,811

# THANK YOU

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Thank you for your interest in the Trek for Teens Foundation. For more information about Trek for Teens, our mission, and upcoming events, please visit our website ([www.trekforteens.com](http://www.trekforteens.com)) or contact us via our email at [hello@trekforteens.com](mailto:hello@trekforteens.com). Follow us on our social media accounts to find out about local events and what's happening at Trek for Teens.

If you are interested in donating or partnering with Trek for Teens, please feel free to contact our Vice President Operations, Wen Bo, via email at [wen@trekforteens.com](mailto:wen@trekforteens.com).

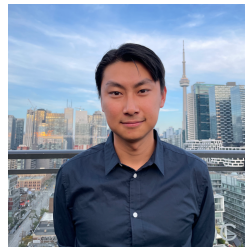
We look forward to further discussing your involvement with the Trek for Teens Foundation and how you can make a difference in the lives of youth experiencing homelessness across Canada.



**Michael Bazzocchi**

*President*

[hello@trekforteens.com](mailto:hello@trekforteens.com)



**Wen Bo**

*Vice President Operations*

[wen@trekforteens.com](mailto:wen@trekforteens.com)



**[trekforteens.com](http://trekforteens.com)**

**[@trekforteens](#)**