



**TREK FOR TEENS
FOUNDATION**

IMPACT REPORT



2022–2023

FOREWARD

It is my sincere pleasure to introduce this work summarizing our efforts to reduce youth homelessness over the last year. I have been very impressed by the creativity and wide variety of activities, projects, and events that have been adapted or developed to help homeless youth in our local communities who have been disproportionately affected by the pandemic, and more recently the increased cost of living. I am also excited to share with you some of our plans as we continue to grow the Foundation and our impact over this upcoming year.

Trek for Teens seeks to increase awareness and raise funds for homeless youth in our communities, and it is our intent to provide a means for everyone to enjoy making a difference through their own talents and skills. This inclusive approach motivates youth to take what they love to do, their passions and gifts—whether it is fashion, music, athletics, or something entirely unique—and turn them into a way to support homeless youth in their own community. It gives them an opportunity to enjoy making a real difference, while raising awareness and funds for a cause that is both relevant and pertinent to youth.

With up to 40,000 young individuals experiencing homelessness each year in Canada, there is no better time than now to learn more about the Trek for Teens Foundation and to join us in our work. Thank you for taking the time to review this report and I look forward to your partnership and support as we move forward together.

Sincerely,



Michael Bazzocchi
Ph.D., P.Eng.
President

CONTENTS



WELCOME	4
THE ISSUE	5
OUR BOARD	6
EXECUTIVE TEAM	7
OUR IMPACT	9
PARTNER CHARITIES	10
OUR FINANCIALS	12
NEXT STEPS	15
THANK YOU	16

WELCOME



The Trek for Teens Foundation is an entirely youth-led and volunteer-run charity that focuses on raising funds and awareness for youth experiencing homelessness. Since our inception in 2007, we have raised over \$90,000 in funds which have been donated to our partner shelters. We are a team of over 100 volunteers and operate in 8 regions across Ontario, Quebec, and British Columbia.

We engage thousands of young people from across Canada through awareness and fundraising events held year-round.

OUR VISION

Our vision is for at-risk and homeless youth across Canada to be healthy, happy, safe, and successful.

OUR MISSION

Our mission is to increase awareness, support, and access to services for at-risk and homeless youth in our local communities. We empower everyone to use their passions, talents, and skills to enjoy making a difference.

THE ISSUE



YOUTH HOMELESSNESS

Youth homelessness is an epidemic in Canada. Each year, between 35,000 to 45,000 youth aged 13 to 24 experience homelessness in Canada, often coming from specific marginalized communities, such as Indigenous peoples and LGBTQ+.



20%

of the Canadian homeless population are youth between the ages of 13 - 24



69%

have been victims of a crime, including 53.8% being physically and/or sexually abused

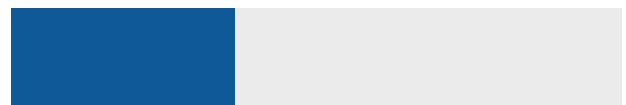


65%

of homeless youth come from families with substance abuse issues



42% have attempted suicide at least once

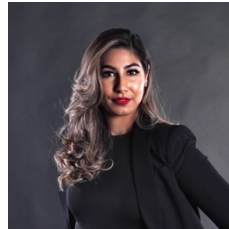


35% have had at least one serious overdose

OUR BOARD



Michael Bazzocchi
Ph.D., P.Eng.
President



Natasha Chatur
B. A., PMP
Charity Filing Manager



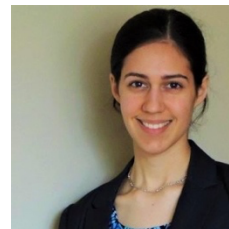
Brian Page
MBA
*Corporate Relations
Advisor*



James Costa
Marketing Advisor



Adrian Kuchtaruk
MSc
Departmental Advisor



Claire Veira
CPA
Treasurer



Nicole Bazzocchi
MHSc., S-LP, Reg. CASLPO
Leadership and Outreach Advisor

EXECUTIVE TEAM

PRESIDENT

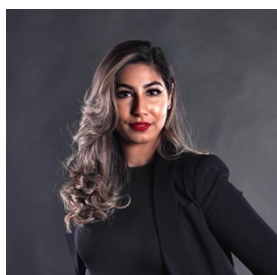


Michael Bazzocchi

Ph.D., P.Eng.

President

VICE PRESIDENTS



Natasha Chatur

B. A., PMP

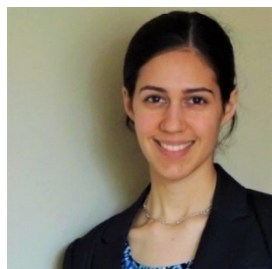
Vice President, Engagement



Adrian Kuchtaruk

MSc

Vice President, Operations



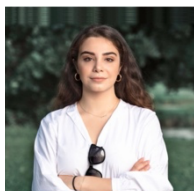
Claire Veira

CPA

Vice President, Finance

EXECUTIVE TEAM

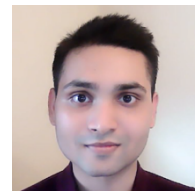
DEPARTMENT AND REGIONAL DIRECTORS



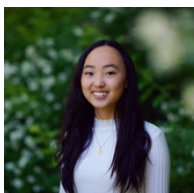
Romina Sotoodeh
*Director of Charity
Engagement*



Wen Bo
*Director of Corporate
Relations*



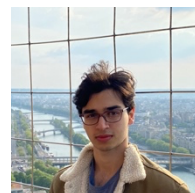
Syed Haider
Director of Human Resources



Catherine Qi
*Director of Leadership
and Outreach*



Heather Ecobichon
*Director of Media and
Advertising*



Mikail Malik
Regional Director of Hamilton



Neha Erukulla
Regional Director of Ottawa



Hannah Skrinar
Regional Director of Sudbury



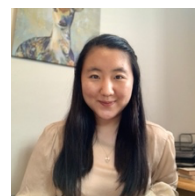
Maheen Arshad
Regional Director of Toronto



Madison Troke
Regional Director of Kingston



Isabelle Deaconu
Regional Director of London



Veronica Xia
Regional Director of Montreal

OUR IMPACT



\$9,448

In total revenue from donations, fundraising events, and sales for the year ended June 30, 2023



\$4,589

Value of in-kind donations made to youth shelters for the year ended June 30, 2023



105

Members at Trek for Teens, including executives, volunteers, and high school student leaders



9

Events held across our regions, both online and in-person (when safe)



10

Partner charities across our regions in Ontario, Quebec, and British Columbia



1,500+

Social media followers across Facebook, Instagram, and Twitter to help raise awareness

PARTNER CHARITIES

COVENANT HOUSE TORONTO

Covenant House Toronto provides a wide range of services and support under one roof. The shelter educates and advocates for change to help at-risk, homeless, and trafficked youth.



DANS LA RUE

Dans La Rue helps homeless and at-risk youth. The shelter cares for youth's "immediate needs and helps them acquire the skills and resources needed to lead more autonomous and rewarding lives".



EN MARGE 12-17

En Marge 12-17 is open at all hours to youth currently on the streets. More than a roof and meal, the shelter offers an alternative to the streets for both French and English speakers.



GOOD SHEPHERD YOUTH SERVICES

Good Shepherd Youth Services operates three shelters for youth, helping them cope with issues like poverty, family conflicts, and mental health. Along with emergency shelters and transitional housing, they also provide support programs involving education and counselling.



HORIZONS FOR YOUTH

Horizons for Youth is a shelter for at-risk and homeless youth aged 16-24 in Toronto. Its mission is "to shelter, prepare, and guide homeless and at-risk youth to be contributing community members."



KINGSTON YOUTH SHELTER

Kingston Youth Shelter offers a variety of services to homeless/precariously housed youth between the ages of 16-24. Its services “help youth stabilize, develop, and work towards their goals for independent living.”



REFUGE DES JEUNES

Refuge des Jeunes supports troubled and homeless young men aged 17 to 25. The shelter also seeks to “support activities to defend and promote troubled and homeless youths’ rights.”



WESLEY YOUTH HOUSING

Wesley Youth Housing focuses on guiding youth ages 16-21 towards living independently. Its two-step program ensures that youth have a safe apartment and necessary life skills before providing them the opportunity to practice separately.



YOUTH OPPORTUNITIES UNLIMITED

Youth Opportunities Unlimited provides a caring place for youth to build skills, confidence and independence. They help youth reach their potential through education, training, and employment.



YOUTH WITHOUT SHELTER

Youth Without Shelter is an emergency residence and referral agency serving homeless youth. It is “dedicated to providing shelter and support programs for homeless youth ages 16-24”.



OUR FINANCIALS

The Trek for Teens Foundation
Statement of Financial Position
As at June 30,

In Canadian Dollars	2023	2022	2021
Assets			
<i>Current Assets</i>	\$	\$	\$
Cash and cash equivalents	18,102	19,488	17,720
Restricted cash	959	664	678
Accounts receivable	152	1,100	593
Prepaid expenses	324	169	581
Inventory	1,012	2,710	3,987
Total assets	20,549	24,131	23,559
Liabilities			
<i>Current Liabilities</i>			
Accounts payable	883	20	0
Unearned revenue	0	1,500	3,950
Committed donations to charities	5,750	7,800	10,850
Total Liabilities	6,633	9,320	14,800
Net Assets	13,916	14,811	8,759

The Trek for Teens Foundation
Income Statement
For the year ended June 30,

In Canadian Dollars	2023	2022	2021
Revenues and other income	\$	\$	\$
Donations	6,773	15,769	9,461
Fundraising events	2,675	9,569	745
Grants and sponsorship	0	0	353
Sales	0	515	50
Total revenues	<u>9,448</u>	<u>25,853</u>	<u>10,609</u>
Expenses			
Absorption expense	1,698	1,199	1,025
Materials	1,252	245	740
Food for events	660	2,655	122
Marketing & communications	516	576	1,201
Prizes and gifts	141	2,570	600
Room and equipment rental	99	3,908	0
Tax expense	23	290	82
Cost of goods sold	0	423	162
Other	204	135	204
Total expenses	<u>4,593</u>	<u>12,001</u>	<u>4,136</u>
Excess of revenues over expenses before donations to charities	4,855	13,852	6,473
Donations to charities			
Covenant House	1,000	100	1,500
Horizons for Youth	1,000	100	1,500
Youth without Shelter	1,000	100	1,500
Kingston Youth Shelter	200	500	600
Youth Opportunities Unlimited	0	500	250
Good Shepherd	1,250	500	250
Wesley Youth Housing	0	500	250
SACY	1,300	5,500	5,000
Total donations to charities	<u>5,750</u>	<u>7,800</u>	<u>10,850</u>
Excess (deficit) of revenues over expenses	<u>(895)</u>	<u>6,052</u>	<u>(4,377)</u>

The Trek for Teens Foundation
Statement of Cash Flows
For the year ended June 30,

In Canadian Dollars	2023	2022	2021
Cash flows from operating activities	\$	\$	\$
Cash generated from operations	1,160	11,396	4,923
Cash donations received	5,816	8,814	8,788
Cash paid to suppliers	(562)	(7,592)	(404)
Net cash from operating activities	<u>6,414</u>	<u>12,618</u>	<u>13,307</u>
Cash Flows used in financing activities			
Cash donated to charities	(7,800)	(10,850)	(10,300)
Net cash used in financing activities	<u>(7,800)</u>	<u>(10,850)</u>	<u>(10,300)</u>
Net increase in cash	(1,386)	1,768	3,007
Cash at beginning of period	19,488	17,720	14,713
Cash at end of period	<u>18,102</u>	<u>19,488</u>	<u>17,720</u>

The Trek for Teens Foundation
Statement of Changes in Net Assets
For the year ended June 30,

In Canadian Dollars	2023	2022	2021
	\$	\$	\$
Balance, beginning of year	14,811	8,759	13,136
Excess (deficit) of revenues over expenses	(895)	6,052	(4,377)
Balance, end of year	<u>13,916</u>	<u>14,811</u>	<u>8,759</u>

NEXT STEPS



NEW FUNDRAISING DEPARTMENT

We plan to launch a new dedicated Fundraising department to strengthen our fundraising capabilities with individual donors, enabling us to better support our partner shelters

RE-FOCUSING DEPARTMENTS

We plan to re-focus our departments with new approaches and mandates, with an emphasis on innovating new ideas and increasing in-person engagement in a post-pandemic era



HOSTING A FLAGSHIP CONFERENCE

We plan to host a new annual flagship conference to bring together representatives from our partner shelters, members of research and academia, and more to discuss ways we can improve support for youth experiencing homelessness

REFRESH WEBSITE AND SOCIAL MEDIA

We plan to refresh our website, social media, and overall online presence with a more consistent and recognizable branding standard, with a goal of engaging more people to donate, join our team, and learn more about the cause



THANK YOU

Thank you for your interest in the Trek for Teens Foundations. For more information about Trek for Teens, our mission, and upcoming events, please visit our website (www.trekforteens.com) or contact us via our email at hello@trekforteens.com. Follow us on our social media accounts to find out about local events and what's happening at Trek for Teens.

If you are interested in donating or partnering with Trek for Teens, please feel free to contact our new Vice President Operations, Wen Bo, via email at wen@trekforteens.com.

We look forward to further discussing your involvement with the Trek for Teens Foundation and how you can make a difference in the lives of youth experiencing homelessness across Canada.



Michael Bazzocchi

President

hello@trekforteens.com



Wen Bo

Vice President Operations

wen@trekforteens.com



trekforteens.com

[@trekforteens](https://www.instagram.com/trekforteens)